

## **CHRISTMAS 2013 – FOOD BANK DRIVE**

Pacific Quorum Properties is supporting the



by initiating a Food Drive within your building!

**Please support those in need by adding to the donation box today.**

### **Most Needed Items**

- Canned fish & meat
- Meals in a tin
- Dry whole wheat pasta & rice
- Canned fruit & vegetables
- Macaroni & cheese
- Baby food & formula
- Whole grain cereal
- Granola bars
- Meals in a box

### **Did you know?**

Every year in our province, close to 100,000 people need the help your local food bank provides; 30% of these individuals are children.

**We would appreciate your support for this charitable initiative helping those in need.**

